

Legal Registration Form – Joy of Simplicity Yoga and Meditation Retreat

With Renate Heiss – Ananda Forest, Orgiva
October 1-7, 2026



Yoga- und Psychotherapie
Zentrum

Total Price per person– All-Inclusive 1.250,-
Early Bird discount (12 %) if you book before May 15, 2026: 1.100

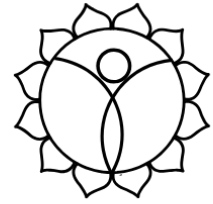
Price Includes:

- 7 Days/6 Nights accommodation and 3 vegetarian meals plus snacks and non-alcoholic drinks
- 18 Yoga/Somatics/Meditations units (duration varying from 30 to 75 min.)
- Kundalini shaking meditations and embodiment exercises
- Several hikes/walking meditations (of course, at your own risk)
- 2 - 4 group therapy sessions with the professional group therapist plus daily inspirations from the tantra/yoga philosophy
- Kundalini shaking meditation and embodiment exercises
- Cacao evening
- Live Music
- Airport shuttle (please communicate your flight number and exact ETA at Malaga Airport)

Participant Information

- **First Name:** _____ **Last Name:** _____
- **Street:** _____ **Town & ZIP Code** _____
- **Date of Birth:** ____ / ____ / _____
- **Phone:** _____
- **Email:** _____

Health Information & Consent



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I have the following allergies:

The retreat facilitators should be aware of the following medical conditions:

I take the following medication:

I use psychoactive drugs:

I confirm that I will not consume drugs or alcohol during the retreat (this is a prerequisite for participation).

I confirm that I am physically and mentally fit to participate and have consulted a doctor if necessary.

I acknowledge that participation in yoga, meditation, and hiking activities involves inherent risks. I release the organizers, instructors, and venue from any liability for injury, loss, or damages incurred during the retreat.

Date and Signature Participant:

Financial Agreement & Payment Terms



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Renate Heiss – Römerstr. 25, 84347 Pfarrkirchen

 Tel: +49 8561-9069719

 Email: yogatherapie.ypz@mailbox.org

 **Payment Details:** IBAN: DE87740618130103327612 – BIC: GENODEF1PFK

 www.yoga-psychotherapie-zentrum.de

Early Bird Rate: I _____ agree to pay **€ 1,100** in full by **May 15, 2026** with a **€ 800 deposit** upon booking to secure our spot.

Regular Rate: I _____ agree to pay **€ 1250** with a **€ 800 deposit** upon booking to secure our spot. The remaining balance is due by **September 15, 2026**.

I understand that failure to complete payment by September 15, 2026, may result in the forfeiture of your spot without a refund.

Sign

Optional Extras

One-on-One Psychotherapy Session with Renate Heiss (60 min, € 120) –

Preferred day: _____

Join the WhatsApp Group for travel arrangements & photo sharing (phone number, if different): _____

I consent to photos/videos being taken by Renate and the retreat photographer for promotional use.

Sign



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Cancellation Policy

- € 200 non-refundable fee** applies to all cancellations.
 - Cancellations before July 20, 2026:** Full refund minus the €200 fee if a replacement participant can be found.
 - Cancellations between July 21 – September 1, 2026:** 50% refund.
 - Cancellations after September 2, 2026:** 10% refund.
 - I understand that refunds will be processed via bank transfer within 14 days.**
 - I am responsible for our own flight and travel insurance (highly recommended).**
 - I take full responsibility for my own participation.**
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Privacy & Confidentiality Agreement

- I agree to the use of our personal data in accordance with European GDPR regulations.**
- I agree to keep all shared information, names, and personal details of fellow participants confidential.**
- I will not share any photos/videos of other participants without their explicit consent.**

Final Agreement & Signature

I confirm that by signing below, I agree to all the above terms.

Date: ____ / ____ / ____

Signature: _____